

Active Traps In my path:

- Over-valuing Expertise
- Perfection
- Minimizing
- Ruminating
- Making miracles

My 3 Biggest Offenders

Passive Traps I might not see:

- Expecting achievements to be recognized
- Putting your job before your career
- Disease to Please
- Building vs. Leveraging relationships
- Letting Your Radar Distract You

Good Roots

Strength Strategies: starting _____!

Start _____

Don't Go It _____

Let It _____

Look _____

Notes

...the truth about the pitfalls and
promise of female leadership



...the truth about the pitfalls and
promise of female leadership

LOOK OUT

It's a Trap!

Resources for Strength Strategies

Know Your Strengths

Kolbe A Index™

Discover and learn how to leverage your natural, instinctive striving strengths with an inventory and 1:1 with Sara!

Digging Deeper

Joanna Barsch and Susie Cranson

How Remarkable Women Lead: *The Breakthrough Model for Work and Life.*

Lois Frankel

Stop Sabotaging Your Career: 7 Proven Strategies to Succeed in Spite of Yourself

Nice Girls (Still) Don't Get the Corner Office: *unconscious mistakes women make that sabotage their careers.* See Jan Lead: *99 ways to take charge at work.*

Alicia Menendez

The Likeability Trap: how to break free and succeed as you are

Brene Brown

Dare to Lead: *daring greatly and rising strong at work*

Peggy Klaus

BRAG! *The Fine Art of Tooting Your Own Horn Without Blowing It*

Sally Helgesen and Marshall Goldsmith

How Women Rise: Break The 12 Habits Holding You Back From Your Next Raise, Promotion, Or Job

Shaunti Feldhahn

The Male Factor: The Unwritten Rules, Misperceptions, and Secret Beliefs of Men in the Workplace

For Women Only: What You Need to Know About the Inner Lives of Men

Amy Je Su and Muriel Maignan Wilkins

Own the Room: discovering your signature voice to master your leadership presence

Molly Galbraith

Strong Women Lift Each Other Up

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